



**Age-Friendly Community Committee
Meeting Minutes
January 10, 2023**

- I. Attendees: Leroy Walker, Jan Biron, Ben Weisner, Larry Pelletier, Frank Pippin, Cindy Larrabee, Diana Pippin, Diane Vincent, Bob Cavanagh, Sally Gagnon, Donna Wallace and Jamie Longley
- II. Potato Give-Away – Leroy reported that the potato give-away is on-going. There are no potatoes currently in the hallway. Leroy will have more delivered.
- III. Lunch & Learns – Jamie – Lunch & Learns are held on the third Tuesday of each month and will consist of a lunch, a learning opportunity, and a movie, with popcorn and water available.
 - A. January – Financial Planning – 1:00 Movie: “How to Lose a Guy in Ten Days”
 - B. February – Downsizing and De-cluttering – 1:00 Movie: Dreamer
 - C. March – Transportation – 1:00 Movie: TBD
- IV. Sign-in for all events will be moved inside due to cold weather, beginning with the Valentine Event.
New Year’s Event recap – The food was very good. Sally felt that the rolls were too small, but everyone had plenty.
- V. Valentine’s Day Event – February 14th. Spaghetti and meatballs, bread, salad, beverage and dessert will be served. John Morrison wants to bring his family to the event to volunteer and show his family what good his donations do. Doors open at 10:00 with Dinner served at 12:00 Noon. Because this event is on the second Tuesday of February, Frank made a motion that the Age-Friendly meeting be held on the first Tuesday of February. Second by Larry Pelletier. All in favor.
- VI. Benches Update – Leroy reported that the benches purchased by the Age-Friendly Community Committee have been installed, ahead of schedule, at the art wall on Main Street. The trash receptacles are missing. Leroy will inquire as to their whereabouts.
- VII. Opening Minds Through Arts – Dana Morrell was not available to explain this program.
- VIII. Open Session:
 - A. Jamie will bring the current balance in the Age-Friendly account to the next meeting.
 - B. Leroy talked about what we could do to help seniors, i.e. partnering up with the high school community service program, to help shovel, rake, etc. Their community service is done only when they want to. This didn’t work well. Larry Pelletier wound up doing it all himself. He is helping the people living at 27 Vivian Street this winter.
- IX. New Business: Veteran’s Breakfast – Frank is planning to do another one. Age-Friendly paid for wives of veterans. He asked the committee if they would do it again for a luncheon he is planning for the end of May or first part of June, by a motion for a \$100.00 donation. Second by Larry Pelletier. All in favor. It was also stipulated that Frank can come back to the committee to ask for more funding, if needed.
- X. Adjournment at 6:06 p.m., on a motion by Ben Weisner. Second by Larry Pelletier. All in favor.

Respectfully Submitted,
Jan Biron, Secretary